**Blueberry Smoothie:**

My Blueberry and Pineapple Smoothie Recipe

1 cup of pineapples

½ cup of coconut milk

½ cup of frozen blueberries

2 cups of almond milk

2 tbsp. of orange juice concentrate

(Can add : Almond, egg, spinach, banana)

Put everything in a blender and there you have it!

Enjoy